

## Briefs . . .

### Newcomers' Extravaganza

The Newcomers' Extravaganza has been relocated to the Sam Houston Club. The next event is Tuesday from 9:30 to 11 a.m. This event is mandatory for all permanent party military members E-1 through O-6 within 60 days of arrival to Fort Sam Houston. Everyone who attends the extravaganza will receive a voucher for a \$4.95 lunch at the Sam Houston Club following the event. For more information, call Alicia Tyson at 221-2705 or 221-2418.

### Texas Independence Day

A Texas Independence and Flag Day celebration will be in front of the Alamo March 2 at 12 p.m. The event is sponsored by the Daughters of the Republic of Texas and commemorates the signing of the Texas Declaration of Independence during the siege of the Alamo. The event will honor the military, especially the historic contribution of Fort Sam Houston. Also, the military base schools of San Antonio will be honored. Col. Richard Agee, chief of staff of Army Medical Department Center and School, will be the guest speaker. A reception will follow at Alamo Hall. The public is invited.

### Special Forces briefing

Special Forces will conduct briefings today at 11:30 a.m. and 4 p.m. at the Roadrunner Community Center, Building 2797. For more information, call (254) 288-5324 or (254) 287-5566, or DSN 738-5324 or 737-5566, or e-mail [specforces@hood.army.mil](mailto:specforces@hood.army.mil).

### Museum closure

The Fort Sam Houston Museum will be closed Sunday for Presidents Day. Normal operations will resume Wednesday. For more information, call 221-0019.

### Retirement ceremony

Fort Sam Houston will honor its February retirees at the consolidated retirement ceremony Feb. 23 at 7:45 a.m. at MacArthur Parade Field.

### Spouse conference

The "It's Not Easy Being Green 2006 Spouse Conference" for military spouses will be held Feb. 23 and 24. For a registration form, see page 17 of the Fort Sam Houston News Leader, or visit Army Community Service, the library, Sam Houston Club, Brooke Army Medical Center medical mall information desk, Officer and Civilian Spouses' Club luncheon or Child and Youth Services Central Registration. Registration won't be available on the day of the conference. For more information, call Judith Markelz at 241-0811 or Kim Taylor at 566-6526.



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Photo by Cheryl Harrison

Lt. Omar Perez, from the Fire Department, rescues Staff Sgt. Rick Ramirez, who is feeling weak and nauseous, during a simulated disaster involving mustard gas in the field across from the main post chapel Feb. 8. The training exercise was held in preparation for a post-wide mass casualty exercise scheduled for March 8.

# First responders prepare for post-wide exercise

By Yolanda Hagberg  
[Fort Sam Houston Public Information Office](#)

At precisely 10:05 a.m. Feb. 8, the Fort Sam Houston police station received a frantic call. "A van just drove onto the field and into a crowd of people and blew up! There are hurt people lying on the ground, and I believe some type of chemical agent has been released in the area," said the caller hysterically.

That and several similar calls that followed initiated the pre-mass casualty training exercise held in the physical training field across the street from the main post chapel.

Within minutes, the police blocked off the surrounding area and began the process of notifying the Installation Operations Center, Fort Sam Houston Fire Department, Brooke Army Medical Center, San Antonio Police Department, and other first response agencies from Randolph and Lackland Air Force Bases.

On the field where the van exploded, a cloud of smoke shifted across the post, and victims lay in the field with various simulated injuries and fake blood. Moans and cries for help could

be heard coming from the mock scenario, which was arranged with the help of Special Troops Battalion Soldiers. And, to make matters worse, they suspected a mustard agent container was released.

The fire department, hazardous material team and explosive ordnance disposal were called into action and the unannounced drill quickly kicked into high gear. The response teams analyzed the situation, made quick decisions to reach the injured, decontaminate and move the victims to a safe zone and to the triage station.

"The likelihood of releasing mustard gas is very remote, but we must be prepared for anything," said Sgt. Matt Lowell, training officer for the police department. Mustard gas causes blisters, eye soreness and vomiting. It also causes internal and external bleeding and attacks the bronchial tubes, stripping off the mucous membrane, and it is extremely painful, according to Lowell.

See **EXERCISE** on Page 4

## ACS seeks issues, delegates for conference

By Elaine Wilson  
[Fort Sam Houston Public Information Office](#)

Fort Sam Houston community members are invited to bring forth quality of life issues for discussion and possible resolution in preparation for the upcoming Army Family Action Plan Conference March 7 and 8 at the Sam Houston Club.

At the conference, volunteer delegates from a cross-section of the community will examine issues and decide which can be resolved locally and which concerns, if any, should be forwarded for higher consideration.

Issues can involve anything from potholes in the streets to a request for a new youth program.

"The key is to present issues that affect more than just one or two people," said Suella York, post AFAP program manager. "The broader the impact, the better the chance the issue will be considered viable."

York uses a swimsuit as an example of a viable issue.

"If I go to the (post exchange) and ask for a yellow polka dot bikini in a size 10 and there aren't any, that is not an AFAP issue. But, if I shop there and there are no swimsuits at all in a size 10, that's an issue. An absence of any suits in that size affects more people."

Once an issue is received, Army Community Service officials first ensure a resolution isn't already in progress,

then pass the concern on to the appropriate organization, such as safety or Department of Public Works.

"Subject matter experts are asked to draw up an info paper to address the concern and provide background for the delegates," said York, adding that the info paper also includes possible barriers to a solution.

The preparation pays off at the conference when delegates gather to determine whether the issue is viable or not with help from the info papers and organization representatives. They also use their personal experience as representatives of the community, to include active duty and reservists, retirees, Department of Army civilians and family members.

See **ACS CONFERENCE** on Page 4

# Honor presidents, emphasize safety

By Maj. Gen. George Weightman  
Fort Sam Houston and AMEDDC&S commander

America’s presidents have represented many states, held different occupations and faced difficult challenges. However, each president answered the same call — the call to serve the American people. Let us not forget that this holiday is in their honor.

This Presidents Day weekend will also afford our Soldiers, civilian employees and their family members the opportunity to take pleasure in various recreational and leisure activities. I encourage all of you to enjoy your

holiday endeavors, with “safety” as the watchword. Every effort must be made to make it safe by minimizing risk.

Privately owned vehicle accidents continue to kill more Soldiers than all other accidents in the Army. Leaders at all levels must reinforce that POV safety is critical and must be stressed during our pre-holiday safety briefings. Buckle up, don’t drink and drive, know your surroundings, consider the weather conditions and observe speed limits are all definitive examples of incorporating risk management into everything we do.

All leaders will conduct pre-holiday safety

briefings with their Soldiers and civilian employees. I recommend the following topics be included in your briefing: POV safety, seat belt use, and recreational safety (cycling, swimming, etc.). Emphasize the dangers of operating a POV when fatigued, speeding and drinking alcoholic beverages or taking medication. This deadly combination is the No. 1 killer of Soldiers.

Additionally, please have your leaders emphasize sexual assault risk, prevention and response in their safety briefings; guidance is available at <http://www.sexualassault.army.mil/>.

Enjoy the holiday and be safe!



Maj. Gen. George Weightman

## Fort Sam Houston News Leader

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# Scott Road gate closes March 6

By Phil Reidinger

Fort Sam Houston Public Affairs Office

The access control point onto Fort Sam Houston from Harry Wurzbach will relocate to Winans Road effective March 6 at midnight.

The Scott Road gate at Harry Wurzbach will close until May 1 to complete construction of the new access control point. The last phase of this construction project requires the alignment of Harry Wurzbach Road with the new Fort Sam Houston entrance.

The contractor will set up construction barriers, signs and traffic control personnel to provide access for the Towers' residents, staff and delivery personnel.

The current Winans Road gate operation will be relocated to Nursery Road to allow most of the vehicle queuing and processing to take place inside the installation boundary, and to avoid traffic congestion at the intersection traffic signal at Winans and Harry Wurzbach roads.

A two-week test period will start Sunday to establish an operational baseline and identify problem areas.

During this test period, the Scott Road ACP and the new Nursery Road ACP will

maintain regular hours (see map).

The test period will end March 6, and the new gate on Nursery Road will operate 24 hours, seven days a week, until the Harry Wurzbach gate construction is completed in May.

With the gate operation relocating to Nursery Road, the Fort Sam Houston National Cemetery Traffic Control Point will move to the intersection of Winans and Nursery roads. The relocation of the TCP will provide access control to the Fort Sam Houston Independent School District, Dodd Field Chapel, Youth Center and Watkins Terrace residential area.

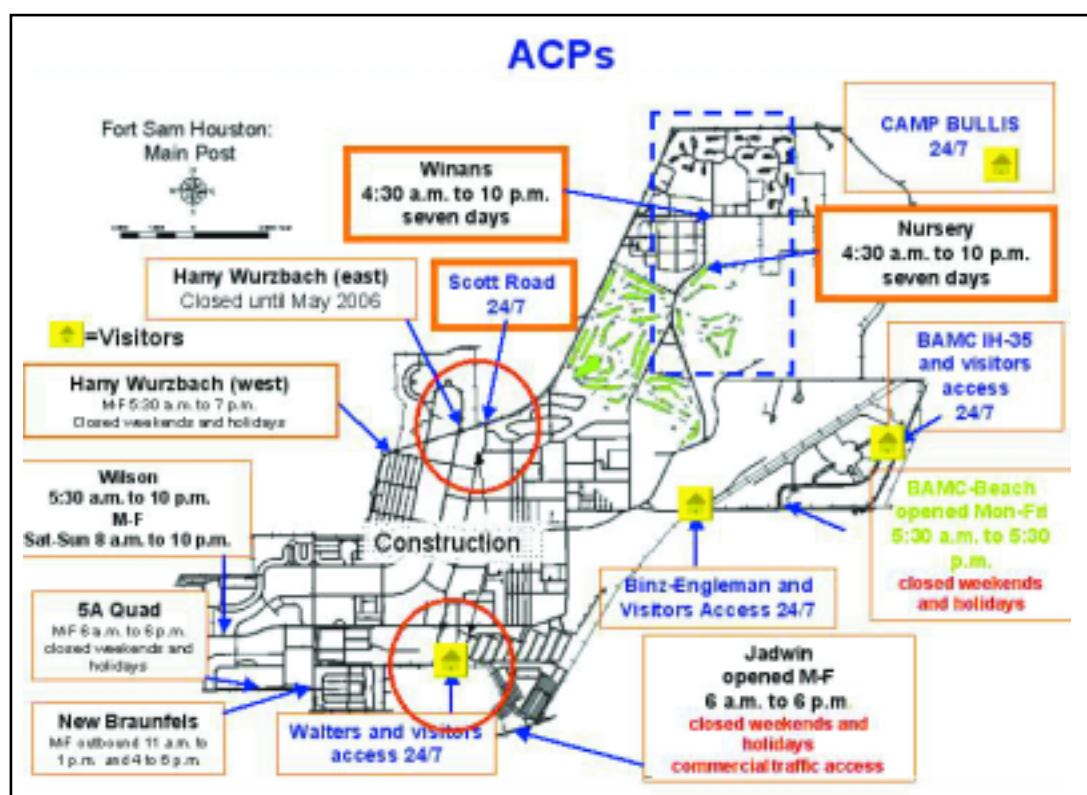
It is anticipated that at least 65 percent of the work force using the Scott Road gate will continue to use the Harry Wurzbach Road and the Interstate Highway 410 corridor to access the post, entering the post on Winans Road.

The Winans gate currently processes about 9,000 vehicles

entering post Mondays through Fridays with 310 vehicles during peak hour, which is 7 to 8 a.m. The current Scott Road gate processes 20,000 vehicles entering the post Monday through Friday and 497

vehicles between 7 and 8 a.m.

The temporary gate on Nursery Road will operate with a maximum processing volume between 450 and 600 vehicles each hour during peak hours.



## Briefs cont. . . .

### Building manager training

Orientation training for Installation Status Report, Infrastructure (ISR 1) points of contact, such as building managers or representatives, for all installation activities will be held Feb. 28 from 8 a.m. to 12 p.m. at Evans Theater, Building 1396. No reservation is required, but commanders should notify Judy Barta on who their points of contact will be, with phone or e-mail contact information. For more information, call Judy Barta at 295-4922 or e-mail judy.barta@samhouston.army.mil.

### Gate traffic, safety hazards

Motorists who drive on private property to avoid a wait at gates may be saving time, but they are also creating traffic and safety hazards. Police officers have cited drivers who turn around on the Averitt Express Commercial site to avoid a wait at the George Beach/Binz Engleman gate. Drivers have also been seen trespassing on Muzak property, on the access road of Interstate Highway 35 North, to enter the main Brooke Army Medical Center gate. If caught, drivers will be cited and may be charged with criminal trespass.

### Tax center open for business

The Tax Assistance Center is open Mondays, Wednesdays and Fridays from 9 a.m. to 5 p.m.; Tuesdays and Thursdays from 9 a.m. to 9 p.m.; and Saturdays from 9 a.m. to 1 p.m. at the 1st Legal Support Organization, Building 133A, 2420 Liscum Road, behind the Garrison Staff Judge Advocate Office. The Tax Assistance Center will be closed Friday through Monday in observance of Presidents Day. For more information, call 295-1040 or 295-0061 or visit <http://www.samhouston.army.mil/tax/index.html>.

### BAMC parking lot closure

Parking lot A, south entrance at Brooke Army Medical Center, is closed to ensure the safety of BAMC visitors and patients during the construction of the Center of the Intrepid. Drivers should be vigilant and drive slowly in lot A due to an increase of pedestrian traffic.

### Ammunition supply closures

The Fort Sam Houston Ammunition Supply Point will be closed on the following dates for inventory in 2006: March 27 to 31, June 26 to 30 and Sept. 11 to 15. For emergency requests, call 221-1065 or 669-5173.

## DUSTOFF Association pays tribute to Soldiers

Story and photos by Phil Reidinger  
Fort Sam Houston Public Affairs Office

The DUSTOFF Association honored several of its members for their service in support of Soldiers on the battlefield Saturday at the Army Medical Department Museum.

Two distinguished members of the DUSTOFF community were inducted into the DUSTOFF Hall of Fame.

Retired Col. Merle Snyder served 30 years in the Army rising from private to colonel and distinguishing himself on the battlefield and as a commander and leader.

William Hughes served in Vietnam as a flight medic and was fearless in the face of enemy fire on more than 800 missions. His career was ended by a severe gunshot wound to the leg on a mission in 1965.

Following the inductions, the association recognized the Crewmember of the Year, Sgt. Michael Bishop, who received a trophy recognizing his service and heroism in Iraq. On one particular mission, he covered a wounded comrade with his own body to protect him from enemy fire. Bishop serves with the 50th Medical Company at Fort Campbell, Ky.

The DUSTOFF Association Rescue of the Year was awarded to a crew assigned to the 50th Medical Company for their actions Feb. 21, 2005. Chief Warrant Officer Gerald McGowan was the pilot-in-command, Capt. Heath Holt was the pilot and Sgt. George Hildebrandt was the flight medic. While responding to evacuate Soldiers injured as a result of an improvised explosive device explosion, a second IED was detonated near the helicopter causing extensive damage. The crew refused to depart until all the medics and casualties were accounted for.

Members of the DUSTOFF Association include pilots, crew chiefs and medics with service flying with Army Air Ambulance companies. The term DUSTOFF originated in the early days of the Vietnam War as call signs were handed out to units. Since many of the landing zones were dusty at times, the name seemed to stick and has become synonymous with the mission of saving lives on the battlefield.

To date, 250 Americans have given their lives supporting medical evacua-



Sgt. Michael Bishop, assigned to the 50th Medical Company at Fort Campbell, Ky., is recognized as the Dustoff Association Crew Member of the Year.

tions of wounded comrades on the battlefields in Vietnam, Kuwait and Iraq, as well as peacetime medical evacuations.



A flight crew assigned to the 50th Medical Company at Fort Campbell, Ky., is recognized for heroism executing a dangerous medical evacuation during combat operations in Iraq.

# Excalibur Awards recognize excellence in AMEDD

By Harry Noyes  
U.S. Army Medical Command

Army Surgeon General Lt. Gen. Kevin C. Kiley honored five innovative Army Medical Department organizations Feb. 2 with Excalibur trophies at the State of the Military Health System 2006 Annual Conference.

The annual awards recognize excellence in team and organizational performance; stimulate, recognize and reward improvements; and share information on good ideas and best practices.

This year’s winners include:  
**In the Active Component Medical Treatment Facility, Table of Organization and Equipment Category — III Corps Artillery’s Red Leg Clinic, Fort Sill, Okla.**

The clinic was honored for a phenomenal increase in efficiency, effectiveness and work satisfaction brought about by a new system called Soldier Centered Care, developed in coordination by the III Corps Artillery Surgeon and Reynolds Army Community Hospital.

Soldier Centered Care allows Soldiers with routine problems to bypass sick call. Today, 95 percent of them get appointments, are seen promptly at the designated times and are treated by physician assistants who only see 12 to 15 patients a day, and thus can spend enough time with patients to help them and follow up when needed.

**Active Component, Non-Medical Treatment Facility — Medical Command Headquarters**

The Excalibur-winning Professional

Filler System or PROFIS Deployment System is linked to hostile-fire pay records, so decision-makers can review an order-of-merit list based on Soldier deployment history within each specialty. Thus, they can ensure that deployment hardships are allocated fairly to protect both Soldiers and their military treatment facilities from unfair repeat deployments.

The PROFIS Decision Support Tool, on the automated Medical Occupational Data System, allows planners to see who has deployed, as well as approved separations, permanent-change-of-station orders and selection for training programs. This aids in preparing a “battle roster” of Soldiers who can be called to deploy as fillers.

PDS also provides a mechanism for Soldiers to volunteer for deployment.

The new system was used to select 1,100 people to serve during the current troop rotation to Southwest Asia and will be used this spring to make selections for the next rotation.

**Active Component, Non-Medical Treatment Facility — Headquarters U.S. Army Dental Command**

Safety for both providers and patients was the main driver for the Dental Command’s development and adoption of the Dental Digital Imaging System/Picture Archival and Communications System, or D-DINPACS, but it yielded efficiencies as well.

By replacing traditional film X-rays with a digital solution, DENCOM eliminated the need for handling and storing haz-

ardous chemicals and reduced patient and provider exposure to ionizing radiation.

The system was developed by the DENCOM Information Management and Technology Division, as there were no commercial off-the-shelf products that could support a globally dispersed patient population.

D-DINPACS system has allowed dramatic improvements in the workflow at many clinics. For example, workers normally tasked with developing X-ray images can now assist in other aspects of patient care.

**Active Component, Medical Treatment Facility — U.S. Army Aeromedical Activity, Fort Rucker, Ala.**

The U.S. Army Aeromedical Activity is the central medical review authority for all aspects of Army flight medicine, annually reviewing more than 24,000 flight physicals and summaries. The old paper-based process required a 179-day processing time and 40.2 percent of physicals were returned for incomplete or inaccurate information. The backlog was more than 7,800 flight physicals, some being over five years old.

The team developed the Aeromedical Electronic Resource Office, an Internet-based paperless system, which encompassed flight-physical submission, review, disposition, data repository and data analysis. AERO reduced a 13-step paper-based process to a three-step digital process.

This improved process resulted in a quick return of valuable feedback to the flight surgeon and aviator. Automated

standards review reduced the flight-physical return rate from 40.2 percent for paper physicals to less than 1 percent for electronic physicals. The median processing time was reduced from 179 to seven days.

Since AERO is easy-to-use and world-wide accessible through a common Web browser, it has been adopted by more than 96 percent of the flight medicine clinics.

**Reserve Component Table of Distribution and Allowances — Office of the Chief Surgeon, National Guard Directorate, National Guard Bureau, Arlington, Va.**

The National Guard Bureau’s challenge was to re-engineer a medical waiver process that often took so long that it was costing Guard recruiters potential enlistments.

The Guard Surgeon’s office began looking for an electronic solution in 2003. By bringing everything into an electronic file and eliminating mailing and faxing, the Guard meant to cut waiver turn-around time to four days, standardize decision-making, document workload, archive all documentation and capture data on accessions.

Working with information management experts, other agencies and a contractor, the team was able to field the Guard Electronic Medical Record in 2004.

It has actually cut average turn-around to a half day, said Col. Nancy Fortuin of the Guard Surgeon’s office.

That success has led to enthusiastic adoption by 100 percent of Guard recruiters and Military Enlistment Processing Stations.

## Exercise

Continued from Page 1

A command post was set up a safe distance from the scene of the explosion. A weather report was called into the command post indicating winds southwest at 9 mph. This is important to determine whether to “shelter in place” or evacuate casualties, according to Eric Ruggs, assistant chief, Fire Department. Ruggs was on the scene evaluating the exercise and keeping a minute by minute account of what was going on and how quickly each agency responded.

“The exercise motivates us by pointing out what we now know and have the capability to do, and what we need to know and be able to do,” said Ruggs.

The fire department and EOD personnel quickly suited up in protective gear and began to check for secondary devices. The HAZMAT trailer containing water, gloves and supplies necessary to set up a decontamination area also arrived.

The medical team donned protective suits and, after receiving the all clear for secondary devices, set out to help the injured. After initial assessment, the injured were taken to the mock decontamination

tent, triaged and in a real-world scenario would have been transported to BAMC or other trauma hospital. The exercise took about 90 minutes.

“The exercise was successful in the sense that it allowed us to assess our capabilities and limitations,” said Ruggs.

“The exercise benefited us by exposing us to the process of dealing with multiple casualties while protecting ourselves. So I would have to say based on the valuable learning we received, the exercise was a total success,” Ruggs said.

The exercise was a precursor to the upcoming annual installation-wide mass casualty full-scale exercise scheduled for March 8. This exercise involves the full spectrum of Fort Sam Houston resources and tests the ability to respond to a terrorist incident or other catastrophic event. The exercise will involve installation first responders, all elements of the IOC, fire, police, EOD, counter intelligence, BAMC, Camp Bullis, San Antonio Fire Department, hazardous material team, and Randolph and Lackland Air Force Bases, which will provide exercise observers.



Photo by Cheryl Harrison

Sgt. Jesus Cuellar, of Special Troops Battalion, receives aid from firefighter, Devon Gonzalez, during a mock drill in which a car bomb exploded in front of a crowd and mustard gas was released. The mass casualty training exercise was held Feb. 8 on the field across from the main post chapel.

## ACS conference

Continued from Page 1

“With the input from SMEs, delegates decide what can or can’t be done, taking factors like budget and manpower into consideration,” York said. “They prioritize the issues and discuss possible resolutions.”

On the final day of the conference, delegates present their findings to the garrison commander, Col. Wendy Martinson, for review. She sends the concerns back to the organizations so they can produce another document called the issue paper, which is a more detailed description of the problem and also includes a timeline for completion.

The Commander’s Steering Committee, chaired by Martinson, then reviews the issues that “made the cut.” The Steering Committee consists of direc-

torate heads and representatives from the community.

“This is the time when more information is obtained and final questions are answered,” York said. “It’s ultimately up to the commander to decide whether the issue becomes active or is labeled ‘unobtainable.’”

Once active, a timeline is developed and follow-up meetings ensure the work progresses smoothly.

Issues that transcend the local level are passed on for consideration at the major command AFAP conference, and, if deemed a vital, Army-wide concern, they are passed on for possible inclusion at the Army-level AFAP conference.

“Delegates worldwide attend and go through the same process we do at the

local level – prioritize issues and identify those to be entered into the DA AFAP process,” York said.

“By this point, we’ll see similar issues coming from other installations worldwide,” she continued. “Some issues even rise up to the Department of Defense level and laws may be rewritten or written.”

Locally, AFAP conference decisions have been the impetus for change throughout post, including improvements to traffic flow, gate access and a reduction of speeding in housing areas.

On an Army-wide level, AFAP has been the catalyst for numerous changes, such as the creation of the current Army youth program, which is an example of excellence throughout the military, York said.

Overall, the process is important

because it works, York said.

“We have been able to get regulations and laws changed for military and their families,” she said. “The program reinforces the fact that Army leadership cares about Soldiers and their families.”

ACS staff seeks delegates and facilitation team members to participate in the conference. Active duty and reservists, retirees, DA civilians and family members are welcome to apply. Facilitation team members will receive training March 2 from 8:30 a.m. to 3 p.m. Delegates will receive training at the conference.

To submit an issue or to volunteer to be a delegate or facilitation team member at the conference, call Felix Aparicio at 221-2705 or e-mail felix.aparicio@samhouston.army.mil.

# U.S. Army South begins humanitarian projects

By Robert O. Appin  
U.S. Army South

U.S. Army South officially announced the start of humanitarian assistance projects known as New Horizons in the countries of Dominican Republic and El Salvador in late January. The official announcements were made during media events in the capital cities of San Salvador and Santo Domingo where U.S. ambassadors to Dominican Republic and El Salvador as well as high-level government officials of the respective countries participated.

“This is an example of the excellent coordination between two friendly nations and the joint efforts of our reserve units and personnel from the various government and military organizations here working together,” Hans H. Hertell, U.S. ambassador to the Dominican Republic, told the media during the press conference in Santo Domingo.

“In our two years here, my wife, Dee Dee, and I have had the pleasure of visiting some of the towns that have benefited from New Horizons,” said Douglas Barclay, U.S. ambassador to El Salvador. “We have talked to the soldiers and doctors and, more exciting still, with the adults and children who now have schools or community centers or who have gotten free medical care. The gratitude expressed on their faces makes us proud of what we – North Americans and Salvadorans – have done together.

“I know that the 10th joint exercise, New Horizons 2006, will contribute in equal fashion to the quality of life of many people in the Department of Morazán,” said Barclay.

In the province of Barahona, located more than four hours from Santo Domingo, a task

force of Army National Guard and Air Force units will build four clinics and conduct three medical exercises providing basic medical and dental care in rural areas. The projects include constructing two three-room community centers that will be multipurpose buildings, three two-room schools and three wells. Army National Guard and Air Force medical personnel will also provide basic medical and dental care to many rural communities in El Salvador. USARSO headquarters is the organization responsible for the oversight of both New Horizons. “From our perspective, we are pleased that our servicemen and women will be able to carry out a number of humanitarian projects in El Salvador and the Dominican Republic in a unique training opportunity that will benefit both our countries,” said Col. Thomas A. Heaney, USARSO deputy commander for operations. The Department of Defense uses these humanitarian exercises as a vehicle to train U.S. forces while helping its neighbors. This series of annual joint-combined training exercises is conducted under statutory authorization that permits training U.S. forces overseas by allowing them to deploy and conduct humanitarian and civic assistance projects in foreign countries, said Heaney. The exercises also provide valuable mobilization and deployment experience. They require units to conduct the numerous training objectives that include logistical operations to support deployments to remote regions. The National Guard and Reserve units supporting both New Horizons are coming from at least 24 states as well as Puerto Rico.



Photo by Col. Joseph Helminiak

## Birthday celebration

The youngest nurse present, 2nd Lt. Rachel Myers (far left), from Brooke Army Medical Center, joins the oldest nurse present, Alice Ives (center), and BAMC Deputy Commander for Nursing Col. Lark Ford for a ceremonial cake cutting in honor of the Army Nurse Corps’ 105th birthday Friday at Fort Sam Houston’s Stilwell House. The ceremony was a joint celebration between BAMC and the Army Medical Department Center and School. Ives started her nursing career during World War II as a cadet nurse.

## Troop Salute 187th Medical Battalion



**Soldier of the Week**  
**Name:** Pvt. Heather, N. Trosper  
**Unit:** B Company, operating room technician  
**Hometown:** Kearney, Mo.  
**Reason for joining:** To serve my country, to be part of history, to get good hands on training and family tradition.  
**Hobbies:** Running, rock climbing, pole-vaulting and reading



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# NCOs help train soldiers in El Salvador

By Lt. Col. David Hernandez  
Department of Combat Medic Training

Four NCOs from Fort Sam Houston deployed in January to El Salvador for several weeks to help train a group of soldiers.

Sgts. 1st Class Juan R. Hickson, Cesar Tenorio and Lorenzo Hernandez, instructors from the Department of Combat Medic Training, and Sgt. 1st Class Elva Marquez, from Southern Command, used their medical knowledge and proficiency in Spanish to train fellow medics from El Salvador.

The training objective was to prepare 15 Salvadoran medics to conduct combat lifesaver training for 40 of their soldiers. The soldiers are part of a contingent deploying to Southwest Asia in support of the Global War on Terrorism.

Hickson said many of the Salvadoran soldiers had combat experience from their civil conflict, and all had combat medic skills.

“Our objective was not to teach soldiers how to be medics, but provide different teaching techniques,” Hickson said.

During the first week, the emphasis was on training the trainer for CLS. Students learned different methods and techniques on how to present information. The students then took turns providing classes to the group. Feedback was



Photos by Sgt. 1st Class Elva Marquez  
Salvadoran instructors monitor the performance of a combat lifesaver student who is caring for a casualty with a suspected c-spine injury. Instructors from Fort Sam Houston provided oversight to ensure success.

given on their performance by fellow students and U.S. instructors.

This method of instruction was well received by the students as evident by the gradual improvement in presentations that occurred over a short period of time.

Also included in the curriculum were different approaches on conducting the CLS course and moulage techniques, the art of applying mock injuries for the purpose of training.

The second week of training was planned and executed by the newly trained Salvadoran instructors. The four U.S. instructors observed and guided the instructors only when necessary. A successful CLS course was conducted including simulated improvised explosive device and ambush scenarios.

The CLS students’ demographics consisted of enlisted military police, artillerymen, infantry and special forces.

The assistance from the Fort Sam Houston NCOs was greatly appreciated and plans are being made to have more CLS courses, according to the Salvadoran brigade commander. The courses will be presented by the new pool of Salvadoran instructors and given in El Salvador and Southwest Asia.



Sgt. 1st Class Juan Hickson (right), an instructor from the Department of Combat Medic Training at Fort Sam Houston, teaches a combat lifesaver instructor trainer class to Salvadoran medics.

## Defense Department updates equipment reimbursement policy

WASHINGTON, D.C. — The Defense Department announced the revision of a memorandum on the policy and procedures for the reimbursement of privately purchased protective equipment for Operations Noble Eagle, Enduring Freedom and Iraqi Freedom.

The new memo, which was signed Friday by David S.C. Chu, undersecretary of defense for personnel and readiness, incorporates the original guidance published Oct. 4, 2005, expands the list of reimbursable equipment and extends the eligible purchase period for reimbursement.

The full reimbursable equipment list now includes:

- Complete ballistic vests;
- Most component parts of ballistic vests, including side-plate body armor;
- Helmets;
- Ballistic eye protection;
- Hydration systems;
- Gloves;
- Knee pads;
- Elbow pads;
- Bed insect netting;
- Insect repellent; and
- Reflective vests.

The eligible purchase period is now Sept. 11, 2001, through April 1, 2006, as required by the fiscal 2006 National Defense Authorization Act. The previous memo only covered purchases from Sept. 11, 2001, to July 31, 2004.

To be reimbursed for equipment,

service members must complete DD Form 2902, “Claim for Reimbursement for Privately Purchased Protective, Safety or Health Equipment used in Combat.” This form must be submitted to the service member’s chain of command or, for former members, to an authorizing official designated by their former service at an address on the form. All claims must be submitted by Oct. 3, 2006.

The original memo states that the military will reimburse service members for the cost, including shipping, of any protective, safety or health equipment that was purchased by the member or by another person on behalf of the member for the member’s personal use during deployment.

To be eligible for reimbursement, the equipment must be on the approved list of shortage equipment, and the member must not have been issued equivalent government-provided equipment before they engaged in imminent danger or hostile fire operations, the original memo states.

Reimbursement for any one item is limited to \$1,100, and any equipment that service members are reimbursed for becomes the property of the U.S. government and must be turned in to the unit logistics officer.

(Source: American Forces Press Service)

### Smoke-free, courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip or chew. Become one of our graduates and earn your “wings.”

Health Promotion Center  
Room L31-9v, Brooke Army Medical Center  
916-3352 or 916-5538



# Presidents Day

## Fort Sam Houston shares connection with many U.S. presidents

By John Manguso  
Fort Sam Houston Museum

Since President Benjamin Harrison became the first serving president to visit San Antonio in 1891, almost half of the men who served as president of the United States were connected in some way to Fort Sam Houston. Several other presidents had Fort Sam Houston connections as well, although most before their presidency started.

**President Dwight D. Eisenhower** served at Fort Sam Houston twice in his military career. His first duty assignment as a second lieutenant after graduating from West Point in 1915 was with the 19th Infantry at Fort Sam Houston. Here, he met Mamie Doud, his future wife, and lived in Building 688 on the Infantry Post. In 1941, Col. Eisenhower returned to post as chief of staff of the Third Army. His office was initially in the Smith-Young Tower, downtown, but he later moved into the Quadrangle.

**President Theodore Roosevelt** came here in 1898 when the First U.S. Volunteer Cavalry (the Rough Riders) was mobilized for service in Cuba. Roosevelt was a lieutenant colonel and second in command of the regiment. The Rough Riders trained in what is now Roosevelt Park and received their equipment from the Quartermaster Depot in the Quadrangle. Roosevelt returned to San Antonio for a reunion of the regiment.

Former **President Lyndon Johnson** came to Brooke Army Medical Center twice (1970 and 1972) for treatment of his heart attacks. Incidentally, the presidential telephone and telephone stand installed in Johnson's suite are at the Fort Sam Houston Museum. In addition, a jeep used at the LBJ Ranch by his Secret Service detail (and reportedly driven by Johnson on occasion) also belongs to the museum. After his heart attack in 1973, Johnson was pronounced dead at Beach Pavilion.

**President William Howard Taft** came to Fort Sam Houston in 1909 to dedicate the Gift Chapel.

**President Woodrow Wilson's** connection to Fort Sam Houston is Camp Wilson, a tent camp at Fort Sam Houston for the National Guard units mobilized for service along the Mexican Border after Pancho Villa's raid on Columbus, N.M. The camp was named for the president.

**President John F. Kennedy** did not come to Fort Sam Houston, but he was in San Antonio Nov. 21, 1963, the day before he was assassinated. Conspiracy theorists have tried to establish a connection between the actions or inactions of the 112th Military Intelligence Group, a Fort Sam Houston unit and the assassination.

**Harrison** was the first serving president to visit the Lone Star State. His visit to San Antonio in 1891, which included a review of the troops at Fort Sam Houston, got wrapped into the city's commemoration of the Battle of San Jacinto. This celebration eventually grew into the two-week long party known as the Fiesta de San Antonio.

**President Franklin D. Roosevelt** visited



Courtesy photo  
President William Howard Taft dedicates the Gift Chapel in 1909.

Fort Sam Houston during World War II.

**President George Bush** visited Fort Sam Houston to see Soldiers wounded during Operation Just Cause in Panama.

**President Grover Cleveland** got involved with Fort Sam Houston in 1886. At that time, Geronimo was a prisoner in the Quadrangle. Cleveland had to decide whether to recognize Geronimo's status as a prisoner of war or to turn him over to state authorities to stand trial. As treatment as a prisoner of war was one of the conditions offered by Gen. Nelson A. Miles to convince Geronimo to surrender, Cleveland confirmed Geronimo's status as a POW.

Most recently, **President George W. Bush** visited BAMC to meet with Soldiers being treated for wounds incurred in Iraq and Afghanistan.

### February Winners

#### Survey of the Month

Jerry Smitha

#### Yard of the Month

866 Chaffee  
5913-A Buckner Court  
464 Graham  
1013 Gorgas



#### Resident Appreciation Breakfast

Lincoln Military Housing hosted a Resident Appreciation Breakfast for family housing residents in January. Residents were able to choose donuts or bags of fresh fruit, and orders were delivered directly to people's cars. For photos and upcoming activities, residents can visit LMH's interactive Web site at [www.samhoustonlpc.com](http://www.samhoustonlpc.com). For more information, call LMH at 270-7638.

# DoD proposes TRICARE hikes for younger military retirees

By **Gerry J. Gilmore**  
American Forces Press Service

**WASHINGTON, D.C.** — The Defense Department is proposing that working-age military retirees and their families pay higher premiums to help address rising health care costs that have doubled over the past few years, senior DoD officials said.

The proposed changes would apply only to eligible military retirees under age 65 and their families, officials said. There would be no change for active duty military or their families, or military retirees age 65 or older and their families.

When the TRICARE health care program for active duty and retired military members and their families was established in 1995, retirees then were contributing about 27 percent of the cost of their benefit, Dr. William Winkenwerder Jr., the assistant secretary of defense for health affairs, said during an interview with Pentagon Channel and American Forces Press Service reporters at the Pentagon.

However, military health care costs doubled from \$19 billion in 2001 to just over \$37 billion in the 2006 defense budget, Winkenwerder said. And today’s average military retiree contribution for health care coverage has dropped to about 10 to 12 percent, he said.

“Their contribution did not change, while the value of the benefit continued to rise,” Winkenwerder said.

If approved by Congress and signed off by the president, the proposed TRICARE rate hikes for retirees under age 65 would be phased in over fiscal 2007 and 2008. That should bring up younger retirees’ share of TRICARE costs closer to the 1995 level, he said.

By comparison, Winkenwerder said, civilians under private plans generally pay between 35 to 40 percent of their health care costs.

The current TRICARE Prime annual enrollment fee for retirees is \$230 for individuals and \$460 for families for both enlisted and commissioned military retirees, according to DoD documents. The proposed changes would increase TRICARE Prime enrollment fees for junior enlisted retirees at pay grades E-6 and below to \$325 per individual and \$650 for families by October 2008.

Enlisted retirees at pay grades E-7 and above would pay \$475 for individuals and \$950 for families by October 2008 under the proposed changes. And retired officers of all ranks would pay \$700 per individual and \$1,400 per family.

After that, the share of health care costs paid by military retirees would be indexed to the Federal Employees Health Benefits Program that covers federal workers and retirees.

If nothing is done now, then DoD could be paying \$64 billion for military health care in 2015, Marine Gen. Peter Pace, chairman of the Joint Chiefs of Staff, said during his testimony before the House Armed Services Committee.

Another reason for increased DoD health care costs, Pace told the committee, is that many younger military retirees are using their TRICARE health care benefits at the behest of their civilian employers, rather than access company health plans.

Finding ways to manage increased military health care costs “is something we just have to face up to, because it’s an enormous amount of money,” Defense Secretary Donald H. Rumsfeld, at the same House hearing with Pace, said to committee members.

The alternative to not raising rates, Winkenwerder said, would be to degrade a first-class benefit for retired military members and their families.

“You can see our benefit is a much better benefit, and we want to keep it that way,” Winkenwerder said.

## Reduce children’s risk of tooth decay

- February is Children’s Dental Health Month. The following are some children’s dental health tips:
- Sugary foods and drinks should be consumed with meals. Saliva production increases during meals and helps neutralize acid production. Rinse food particles from the mouth when brushing is not an option.
  - Limit between-meal snacks. When children crave a snack, offer them nutritious foods.
  - If children chew gum, make it sugarless gum. Chewing sugarless gum after eating can increase saliva flow and help wash out food and decay producing acid.
  - Monitor beverage consumption. Instead of soft drinks all day, children should also choose water and low-fat milk.
  - Help children develop good brushing and flossing habits.
  - Schedule regular dental visits. Think **PREVENTION!**

For more information call the Budge Dental Clinic at 295-4678 or 295-4405.

National Child Passenger Safety Week

# Buckle up children properly, prevent injury, death

Improperly restrained children can increase the risk of injury in the event of an accident. Safety officials hope people will remember this during National Child Passenger Safety Week, which runs through Friday, as well as throughout the year.

To help prevent injuries or death, the Fort Sam Houston Safety Office offers the following information:

The safest way for 5-year-olds to ride in a car is to place them in a high-backed booster seat with a lap and shoulder belt to restrain them. Children should ride this way once they weigh 40 pounds, and they should remain in the booster seat until they are 8 to 10 years old and about 5 feet tall, according to state law.

The National Highway Traffic Safety Administration offers the following child passenger safety guidelines, called the “Four Steps for Kids:”

- Rear-facing infant seats in the back seat from birth to at least 1 year old and at least 20 pounds;
- Forward-facing toddler seats in the back seat from age 1 to about age 4 and 20 to 40 pounds;
- Booster seats in the back seat from about age 4 and 40 pounds to

at least age 8, unless 4 feet 9 inches tall; and

- Safety belts at age 8 and older or taller than 4 feet 9 inches; all children 12 and under should ride in the back seat.

The lap and shoulder belt alone is not designed to fit children and, in event of an accident, children restrained by a lap and shoulder belt may suffer more serious injury. Placing the shoulder belt behind the back or under the arm of a child may result in ejection or severe abdominal injuries in crashes. Seat belt positioners, which pull the shoulder belt down, also raise the lap belt up over the abdomen instead of the hips, increasing the risk of serious abdominal injuries.

Children may be ready for just a lap and shoulder belt when their back and buttocks are against the seat, knees are bent over the edge of the cushion, shoulder belt is across the shoulder, lap belt is over the thighs, and they will remain that way throughout the trip.

For more information, call the Fort Sam Houston Safety Office at 221-3823.

(Source: Fort Sam Houston Safety Office)

## Army Community Service

### Family Advocacy Program – February Class Schedule

Class	Dates	Time
Boys Only! Ages 9 to 11	Wednesday	3 to 4 p.m.
Building Effective Anger	27	11 a.m. to 12:30 p.m.
Management Skills Series (4 to 6) New Series – Evening Class	Today and 23	4:30 to 6 p.m
Commander’s Training	23	8 to 9:30 a.m.
Getting Ready for Childbirth 1 and 2	Today and 23	9 a.m. to 12 p.m.
Healthy Pregnancy	24	9 a.m. to 12 p.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	Tuesday and 28	9 to 11 a.m.
S.T.E.P. Program for Parents of School Age Children	Today and 23	1 to 3:30 p.m.
S.T.E.P. Program for Parents of Teens	Tuesday and 28	11 a.m. to 12:30 p.m.
Truth or Consequences?	Tuesday	4:30 to 6 p.m.
You and Your Baby	Wednesday	8 a.m. to 12 p.m.

To register for classes or for more information, call the Army Community Service Family Advocacy Program at 221-0349 or 221-2418. Space is limited.

## Brooke Army Medical Center

### Health Promotions – February Class Schedule

Class	Dates	Time	Place
Arthritis Management	Tuesday	9:30 to 11a.m.	BAMC, third floor, Nursing Administration conference room, Room 313-11
Asthma Management	Tuesday and 28	2 to 3:30 p.m.	BAMC, Health Promotions, lower level, Room L31-9V
Body Fat Testing	Friday	8 to 11 a.m.	BAMC, Health Promotions, lower level, Room L31-9V
Cholesterol Management	27	9 to 11:30 a.m.	BAMC, third floor, cardiology conference room
Diabetes Management	27 Tuesday and 28	12:45 to 4:30 p.m.	BAMC, third floor, Nursing Administration conference room, Room 313-11
Foot Care for Diabetics	27	1 to 2:30 p.m.	BAMC, fourth floor conference room, Room 413-11
Living with Fibromyalgia	Wednesday	1 to 4 p.m.	BAMC, radiology conference room, Room 129-13A
Tobacco Use Cessation	27	3 to 4:30 p.m.	Roadrunner Community Center, Building 2797, Stanley Road
Tobacco Use Cessation	Tuesday	5 to 6:30 p.m.	BAMC, fourth floor, conference room, Room 413-11
Tobacco Use Cessation	Today and 23	3 to 4:30 p.m.	BAMC, fourth floor, conference room, Room 413-11
Weight for Health (Weight Management)	Friday	9 to 10 a.m.	BAMC, Health Promotions, lower level, Room L31-9V
Yoga	22	12 to 1 p.m.	BAMC, fifth floor, Room 531-14

For more information, call Health Promotions at 916-3352.

Athletic excellence

Private Sean Watson, of B Company, 187th Medical Battalion, trains for the Freescale Austin Marathon, which takes place Sunday in Austin, Texas. Watson is an avid runner who took fifth place overall in the Jan. 30 SARR Winterwinds Endurathon Half Marathon, a 16-mile run in Bulverde, Texas. The athlete cycled 30 miles to participate, then cycled 30 miles home. "I'm conditioning myself for the Ironman (Triathlon)," Watson said. The triathlon consists of a 2.2-mile swim, a 112-mile bike ride and a 26.2-mile run.



Photo by Elaine Wilson



Photo by Andricka Hammonds

Bringing cheer

Lance Cpl. Cody Cooper visits with two of the Tampa Bay Buccaneer cheerleaders, Monica Littlejohn and Aimee Perkins. The cheerleaders visited wounded warriors Saturday at the Soldier and Family Assistance Center and Brooke Army Medical Center. They handed out signed photos and limited edition footballs signed by the cheerleaders.

Sports Briefs . . .

All-Army Sports Program

The All-Army Sports Program offers Soldier-athletes the opportunity to participate in more than 20 sports at an armed forces or higher level of competition. Interested participants can go to the Army Morale, Welfare and Recreation Web site at [www.armymwr.com](http://www.armymwr.com), select Recreation and click on the Army Sports link to see what sports are available and view the criteria for selection. The All-Army online application program allows Soldiers with Internet access to apply for any All-Army sport online. Soldiers can visit

<https://armysports.cfsc.army.mil> for a direct link to the All-Army application process.

'Race for the Cure'

The ninth annual Komen San Antonio Race for the Cure will be April 1 at the Alamodome. Everyone is invited to join the Brooke Army Medical Center team. To join the BAMC team, visit the Komen Web site at [www.sakomen.org](http://www.sakomen.org), click on "join an existing team," click on "search for a team," enter BAMC Medical Mile Steppers and fill out a registration form. For more information, call Susie Ferrise at 916-2261 or Sandy Terrazzino at 916-4457.

Elementary School News

Mentorship program helps elementary students

By Dr. Kathy Maxwell  
Fort Sam Houston Elementary School

The mentorship program at Fort Sam Houston Independent School District is a vital component of the comprehensive instructional and social make-up of Fort Sam Houston Elementary School and Robert G. Cole Jr./Sr. High School.

The 2005-2006 program consists of 25 mentors, 11 of which serve as pen pals to students. The mentors, from the Installation Chaplain’s Office at Fort Sam Houston, the local United Services Organization and district staff, serve students from kindergarten through 12th grade.

According to a dictionary definition, a mentor is an individual, usually older and more experienced, who helps and guides another individual’s development. The mentors in the mentorship program at Fort Sam Houston ISD fit this definition as they visit the school at least once a week and provide academic support, adult interaction and socialization skills.

“Students definitely look forward to interacting with their mentors,” said Kimberli Johnson, school counselor. “The children just glow when they get their letters from their pen pals or a visit from their mentor. We don’t have enough mentors, though, especially male mentors.”

An annual mentor recognition dinner brings students and their parents together with the mentors, and mentors and students are formally



Courtesy photo

Dr. Roland Rios, Cole Jr./Sr. High School principal, and seventh grader Jamie Schmidt present a Certificate of Appreciation to Spc. Nicole Campbell at the mentor appreciation dinner. Campbell has been a mentor to Jamie for the past year.

recognized. This year’s dinner was in January. Parents, students and mentors enjoyed food and fellowship in the school cafeteria, which was decorated in a rodeo theme with western decorations. A barbecue was served with all the trimmings.

Fort Sam Houston ISD counselors Johnson, Linda Reed, Victoria Wood, Julie Coffey and other staff members planned, coordinated and served the dinner.

“The mentorship program provides additional, positive adult contact and social support,” said Jayne Hatton, elementary principal. “There is power in these partnerships. You can see it in gatherings like the mentor recognition dinner.”

For more information or to volunteer for the mentorship program, call Brian Merry, Installation Chaplain’s Office, at 221- 5005 or 221-5007 or e-mail brian.merry@samhouston.army.mil.

Board meeting

The Fort Sam Houston Independent School District Board of Trustees will meet for a regular meeting Feb. 23 at 11 a.m. at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road.

Fort Sam Houston Independent School District  
Weekly Calendar – Monday to Feb. 25

FSH Elementary School

**Monday**  
Presidents Day/student holiday  
**Tuesday**  
Third and fifth grades Texas Assessment of Knowledge and Skills reading  
Fourth grade TAKS writing  
Fourth grade State Developed Alternative Assessment II writing  
**Wednesday**  
Early dismissal – kindergarten to fourth grades, 2 p.m.  
Early dismissal – fifth and sixth grades, 2:45 p.m.  
**Feb. 23**  
FSHISD school board meeting in Professional Development Center, 11 a.m.  
**Feb. 24**  
Parent Teacher Organization board meeting, 10 a.m.  
Black history program  
Spirit Day

Robert G. Cole Jr./Sr. High School

**Monday**  
Presidents Day/student holiday  
Boys’ basketball bi-district playoff, TBA  
**Tuesday**  
Seventh, ninth, 10th and 11th grades,

TAKS testing  
Seventh and 10th grades, SDAA testing  
Baseball at Texas Military Institute, 4 p.m.  
Boys’ basketball bi-district playoff, TBA  
**Wednesday**  
TAKS exit exam – math  
Ninth and 10th grades SDAA testing  
**Feb. 23**  
SDAA testing  
FSHISD school board meeting in Professional Development Center, 11 a.m.  
Baseball Pleasanton tournament at Poteet, TBA  
**Feb. 24**  
SDAA Testing  
Black history program in Moseley Gym, 2 to 3:20 p.m.  
Black history reception/potluck in cafeteria, 3:20 p.m.  
Academic Decathlon, state competition at San Antonio College  
Baseball – Pleasanton tournament at Poteet  
**Feb. 25**  
Academic Decathlon, state competition at San Antonio College  
Varsity choir UIL solo contest, Churchill High School, TBA  
Baseball – Pleasanton tournament at Poteet

Religious Happenings . . .

PWOC weekly Bible studies

The Protestant Women of the Chapel invite women in the Fort Sam Houston community to weekly Bible studies at Dodd Field Chapel. The daytime study meets Wednesdays from 9:30 to 11:30 a.m. and the evening study meets Thursdays at 6:30 p.m. Childcare is provided for both studies. For more information, call Lois Griffith at 226-1295 or visit <http://www.cs.amedd.army.mil/chaplain/Womensministry/>.

PWOC seeks homeschool moms

The Protestant Women of the Chapel invite women who homeschool their children to attend PWOC programs Wednesdays from 9:30 to 11:30 a.m. at Dodd Field Chapel. For more information, call Jenifer Sones at 271-3174 or e-mail [jecsones@earthlink.net](mailto:jecsones@earthlink.net).

Officers’ Christian Fellowship

The Officers’ Christian Fellowship meets on the first and third Sunday of every month at 1008 Gorgas Circle, near the old Brooke Army Medical Center building. Study is from 4:30 to 7 p.m. and includes a home-cooked meal. Participants are studying “The Minor Prophets.” For more information, call Lt. Col. Robert Griffith at 226-1295 or 221-8857 or e-mail [rgriffith3@satx.rr.com](mailto:rgriffith3@satx.rr.com) or [robert.griffith1@amedd.army.mil](mailto:robert.griffith1@amedd.army.mil).

Accepting applications

Applications are being accepted for music director for the 1101 Contemporary Protestant Service. Applicants must have musical knowledge and talent in the realm of contemporary Christian music and leadership abilities. Vocal ability required; keyboard or guitar player preferred. Applications are available in the Chaplain Resource Management office, Building 2530. The contract will be effective March 1 through Sep. 30. Bidding closes at the end of February. For more information, call 221-5006 or 221-5943.

Chapel youth group

The Fort Sam Houston chapel youth group meets Sundays from 5 to 7 p.m. at the Main Post Chapel. The group is open to seventh through 12th graders, and is sponsored by the chapel congregations. The theme, “Where Faith and Life Meet,” is incorporated in fun activities, Bible applications and off-post events. Adults are invited to help and join in the fun. For more information, call Joanne Benson at 599-0157.

Post Worship Schedule

<b>Main Post Chapel</b> , Building 2200, 221-2754 <b>Catholic Services:</b> 4:45 to 5:15 p.m. - Confessions - Saturdays 5:30 p.m. - Mass - Saturdays 9:30 a.m. - Mass - Sundays 11:30 a.m. - Mass - weekdays <b>Protestant Services</b> - Sundays: 8 a.m. - Traditional Protestant 11 a.m. - Traditional Protestant <b>Jewish Services:</b> 379-8666 or 493-6660 8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat	11 a.m. - Mass - weekdays <b>Protestant Services:</b> 10 a.m. - Worship Service - Sundays 12 p.m. - Worship - Wednesdays
<b>Dodd Field Chapel</b> , Building 1721, 221-5010 or 221-5432 <b>Catholic Services:</b> 12:30 p.m. - Mass - Sundays <b>Protestant Services:</b> 10:30 a.m. - Collective Gospel Protestant - Sundays 9:30 to 11:30 a.m. - Women’s Bible Study (PWOC) - Wednesdays, child care is provided. <b>Samoan Protestant Service:</b> 8:30 a.m. - Sundays	<b>AMEDD Regimental Chapel</b> , Building 1398, 221-4362 <b>Troop Catholic Mass:</b> 11 a.m. - 32nd Med. Bde. Soldiers - Sundays <b>Troop Protestant Gospel Services:</b> 9:45 a.m. - 32nd Med. Bde. Soldiers - Sundays <b>Troop Protestant Service:</b> 8:30 a.m. - 32nd Med. Bde. Soldiers - Sundays
<b>Brooke Army Medical Center Chapel</b> , Building 3600, 916-1105 <b>Catholic Services:</b> 8:30 a.m. - Mass - Sundays 11 a.m. - Mass - Sundays	<b>FSH Mosque</b> , Building 607A, 221-5005 or 221-5007 10:30 a.m. - Children’s Religious Education - Sundays 1:30 p.m. - Jumma - Fridays 7:30 p.m. - Adult Religious Education - Thursdays  <b>Evans Auditorium</b> , 221-5005 or 221-5007 <b>Mormon Services:</b> 9:30 to 11:30 a.m. - Sundays  <b>Installation Chaplain’s Office</b> , Building 2530, 295-2096 <b>Contemporary Service:</b> 11:01 a.m. - Sundays  <b>Web site:</b> <a href="http://www.samhouston.army.mil/chaplain">www.samhouston.army.mil/chaplain</a>

## To what do you attribute your success?



*"I attribute my success to a positive attitude, hard work, a love for training and willingness to help others. Prayers never hurt and provide hope and inspiration for tomorrow's challenges. I dedicated myself to self-improvement, never giving up, but knowing when to let go and knowing when to hold on. My favorite quote: 'If you keep doing the same thing you will keep getting the same results, good or bad.'"*

**Command Sgt. Maj. Jackie McFadden**  
command sergeant major,  
Brooke Army Medical Center  
Troop Command



*"If indeed I am a success it is because of God's grace first of all; and secondly, the credit goes to my late parents, Kenneth and Genevieve Toney. They instilled a sense of community and selflessness in me that I try to practice daily."*

**Keith Toney**  
Morale, Welfare and Recreation



*"Getting a good solid education as a foundation; working hard. I've been fortunate to have good people to work with."*

**Eugene Hill**  
human resource specialist,  
Civilian Personnel Advisory Center



*"I attribute my success to my mom who raised six children on her own. Her strong will and discipline embedded in me the drive to rise above the norm and to be a positive influence on society."*

**Sgt. Maj. Garland R. Haynes**  
sergeant major,  
Special Troops Battalion



*"I am often asked how I dealt with issues in my life, and all I can say is that I know who I am in God. I have by no means achieved all I aspire to achieve in life, but looking back on my very humble beginnings as a young girl growing up in the projects of San Antonio, I know that I am blessed. I am blessed to be the great-great granddaughter of a preacher who started one of the first schools for black children in Texas. I was blessed with parents who were not afraid of hard work and believed in education for their children. Finally, and most of all, I am blessed with the knowledge that the Lord loves me."*

**Deborah Seabron**  
supervisory management analyst, Plans,  
Analysis and Integration Office

## Black History Month luncheon celebrates equality

By Minnie Jones  
Fort Sam Houston Public  
Information Office

The transformation of America into a nation that celebrates equality was the theme of Brig. Gen. Elder Granger, who spoke to nearly 200 in attendance at the annual Black History Month luncheon Tuesday at the Roadrunner Community Center.

Granger, the chief of staff to the assistant secretary of defense for health affairs, first honored the late Coretta Scott King, who passed away Jan. 30, by asking the audience for a moment of silence. Then, in an all-embracing speech that covered a variety of topics, Granger discussed the role of "African-Americans" throughout American history.

He named three "transformation documents" in history that affected black

Americans and America — the Declaration of Independence and the signing of Executive Orders 9980 and 9981, by President Harry Truman, the first president to address the National Association for the Advancement of Colored People.

"These documents paved full participation in the government for all and equal opportunity that made us a nation of nations," Granger said.

Granger specifically noted Order 9981 that desegregated the armed services which, he said, "transformed the military into what we know today by opening up the way for blacks within the government."



Brig. Gen. Elder Granger thanks the Fort Sam Houston audience after receiving a commemorative stamp of Benjamin O. Davis Sr. from Charles Shelby, of the Roadrunner Community Center.



Photos by Olivia Mendoza

Col. Wendy Martinson, U.S. Army Garrison commander, presents a Certificate of Appreciation to Liz Kerly, a member of the Black Employment Program who assisted with the Black History Month Luncheon.

Lastly, Granger cited Brown vs. Board of Education in 1954, the Supreme Court's decision that declared mandatory segregation unconstitutional and ultimately paved the way for complete desegregation of public schools.

Granger also touched on this year's Black History Month theme, "Celebrating Community: A Tribute to Black Fraternal, Social and Civic Institutions," by listing several community and civic organizations that helped shape black America. Among the several institutions he listed, he gave special notice to the fraternity of Sigma Pi Phi, founded in 1954, which lists among its black members leaders such as W.E.B. DuBois, who helped found the NAACP; Martin Luther

King Jr.; Arthur Ashe; and Maynard Jackson.

Granger closed his speech by quoting John Wesley, the founder of the Methodists, "Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can."

The luncheon also included recognition of six students from Cole High School, who were awarded Certificates of Excellence for winning the school's essay contest on Black History Month and a reading of Mayor Phil Hardberger's proclamation, declaring February Black History Month in San Antonio.



Dr. Granville Coggs, staff radiologist at Brooke Army Medical Center, evaluates a mam-mography X-ray searching for abnormalities.

# BAMC radiologist started career as Tuskegee Airman

Story and photo by Andricka Hammonds  
Brooke Army Medical Center Public Affairs Office

At a time in American history when black men were thought to lack intelligence, skill and courage, Dr. Granville Coggs, a Tuskegee Airman, proved America’s prejudices wrong.

The now 81-year-old Coggs is a radiologist at Brooke Army Medical Center, gold medalist in the Senior Olympics and a former professor who made history.

In 1943, Coggs was drafted in the Army for World War II. He knew then that he didn’t want to be infantry, and decided to apply for the new Tuskegee Airmen program at the Tuskegee Army Airfield. The Tuskegee Airmen program was meant to produce America’s first black military airmen.

From 1943 to 1946, Coggs served in the seg-regated Black United States Army Air Corps. He earned military badges for aerial gunner, aerial bombardier and multi-engine pilot.

Coggs recalls taking his Army graduation photo with his white classmates. Holding the photo in his hands, he said, “I never had the experience of training with whites in the mili-tary. I think we took that picture together to show the Russians that we were united.”

This was a new program and in the eyes of Coggs, was a way to survive the war. After bom-bardier school, he continued school to receive his pilot training. By the time he was fully trained, the war was over, and Coggs looked toward his future.

Coming from a family background of educated blacks, Coggs always knew that he was college bound. “In my family, college was not an option, but the next step in life,” he said. His father was also a doctor, a rarity during those times.

He met his soul mate, Maud, near the end of his training at Tuskegee. She was on her way to the University of Nebraska, so Coggs, love-struck, soon followed. “She was going to Nebraska and I wanted to be her roommate, so I moved up north,” joked Coggs.

As the relationship progressed she asked him one simple question, “How are you going to take care of me?”

That was when he decided to go to medical school.

“There was a girl I needed to impress, so I told her I would go to medical school, and I did — and it worked because she’s my wife,” said Coggs.

With his bride, he moved to Boston. He explained things were much different for women in the workplace. Maud was refused a teaching position in the Boston Public School Systems, not because of her race, but because she was a married woman.

“Back then, a married woman’s place was not at work, but in the home,” Coggs said.

When Coggs went to medical school, he said it was the first time he was treated as a person, rather than a black person. In this new world, he was living in the same dorm facilities as the white students, while at the University of Nebraska he was not permitted in the same liv-ing quarters as whites.

“It was a novel idea, blacks and whites living in the same dormitory. I adjusted to it right away,” said Coggs. He said growing up around segregation was simply the way it was. “I knew it wasn’t right, I just didn’t expect anything dif-ferent. The family I grew up in believed in inte-gration, but that wasn’t the way my world was.”

He remembers his teachers growing up encouraging him to do his best at whatever he did. “I had supportive black teachers. They told me that to compete in this world, I would have to do better than what’s expected, and they were right,” said Coggs.

He graduated from Harvard Medical School in 1953.

Coggs made history again in 1959 by being the first black physician at the Kaiser Foundation Hospital in San Francisco. He established the Ultrasound Division, Department of Radiology at the University of California in 1972.

In 1975, Coggs was a tenured professor at the University of Texas, Health Science Center in San Antonio. In 1983, he established the San Antonio Breast Evaluation center specializing in diagnosis.

Coggs began competing in the Senior Olympics in 1997 as a runner in the 400 meter dash, winning two gold medals and a silver medal.

In 2001, he joined the legacy of black Americans when he was inducted in the Arkansas Black Hall of Fame, in company with famous author and poet Maya Angelou.

As a working radiologist, he plans to retire at the age of 90. Until then, Coggs, whose grand-parents were slaves, will continue to work as a radiologist, run in the Senior Olympics and make his morning swim every day before work in his 94-degree pool.

## Paving the way . . .



**William H. Carney**  
**First black Congressional Medal of Honor recipient**

In 1863, Sgt. William Carney entered the military and became a member of the 54th Massachusetts Colored Infantry. In July of that same year, Carney found himself in the fierce Battle of Fort Wagner. After being wounded, Carney saw that the color bearer had been shot down a few feet away. Carney summoned all his strength to retrieve the fallen colors and continued the charge. During the charge Carney was shot several more times, yet he kept the colors flying high. For this act, Carney became the first African-American to receive the Medal of Honor.



**Cathay Williams**  
**First black female to enlist in the U.S. Army**

Nov. 15, 1866, Cathay Williams enlisted in the Army using the name William Cathay. She informed her recruiting officer that she was a 22-year-old cook. He described her as 5 feet 9 inches, with black eyes, black hair and black complexion. An Army surgeon examined Williams and determined the recruit was fit for duty, thus sealing her fate in history as the first documented African-American woman to enlist in the Army even though U.S. Army regulations forbade the enlistment of women. During her service, she was hospitalized at least five times, but no one discovered she was a female.



**Benjamin Oliver Davis Sr.**  
**First black general officer in the regular Army**

Benjamin O. Davis Sr. entered the service during the War with Spain as a temporary first lieutenant of the 8th U.S. Volunteer Infantry. In 1899, he was dis-charged from the service. In June of the same year, he again enlisted, this time as a private in the 9th Cavalry. He then served as corporal and squadron sergeant major, and, on Feb. 2, 1901, he was commissioned a second lieutenant of cavalry. In 1940, he became the first African-American general officer in the U.S. Armed Forces, earning the rank of brigadier general.



**Colin L. Powell**  
**First black chairman of the Joint Chiefs of Staff**

Jan. 20, 2001, Colin L. Powell became the first African-American to be appointed to the position of secretary of state. Before becoming secretary of state, Powell served 35 years in the Army, achieving the rank of general and serving as chairman of the Joint Chiefs of Staff during Desert Shield/Desert Storm. Currently, Powell uses both his military and diplomatic skills in representing the nation and its interests in the Global War on Terrorism. Powell has also led the State Department in major efforts to solve regional and civil conflicts throughout the world, enhance U.S. trade and business and fight global infectious dis-ease around the world, especially the HIV/AIDS pandemic.

### Black History Month Trivia Contest

The Black History Month Trivia Contest is published every week during February. Send answers via e-mail to Gayle. Ellis@cen.amedd.army.mil or deliver in a sealed envelope addressed to Gayle Ellis, Black Employment Program committee member, Building 2841, Room 1335, no later than the Wednesday following the publication of the questions. The winner will be the first person who submits the first set of correct answers. E-mail responses are highly encouraged and only one prize per week will be awarded.

1. By 1834, there were seven African free schools. In what city was the first one opened?

2. Among the dearly departed for 2005 was an actor who played the lead role in the movie, “To Kill a Mockingbird.” What was the actor’s name and why was the movie important?

3. Another dearly departed in 2005 was a blind singer named

George Scott. What Grammy-Award winning gospel group is he credited with helping to found?

4. What is the name of the coach who enjoyed the most suc-cessful career of any coach at a his-torically black college, compiling an 828-447 record in 47 years? The Winston Salem State University legend inspired thousands of stu-dents.

5. In what U.S. city is the first and largest wax museum that is dedicated to black heritage?

Feb. 9 trivia answers are:

1. Halle Barry

2. Announced her candidacy for United States president

3. President Ronald Reagan

4. Benjamin O. Davis Sr.

5. Massachusetts

These are the winners’ names for the first two weeks of the BHM Trivia Contest:

Feb. 2 edition – Capt. Kyndra A. Jackson

Feb. 9 edition – Don Robinson

Recreation and Fitness

Garage sale

The next garage sale will be held March 4 from 7 a.m. to 1 p.m. at the MacArthur Pavilion parking lot. There is no cost; however, sellers must have a valid Department of Defense ID card and pre-register by calling 221-2601 or 221-2307. MWR provides a space in the parking lot, but participants must bring their own table or rent one from the Outdoor Equipment Center by calling 221-5224.

Hike Government Canyon

A guided three to five mile hike will be held April 8 in Government Canyon. The cost is \$18 per person which includes transportation, lunch, guide, entrance fee and photos. The hike is open to ages 12 and older, and children under 18 must be accompanied by a parent or guardian. Sign up by March 31. For more information, call Jeffery Heagerty at 221-5554 or e-mail jeffrey.heagerty@samhouston.army.mil.

Sealed bid auction

Non-appropriated funds will accept sealed bids on a tractor/backhoe currently located at the Fort Sam Houston Equestrian Center. The backhoe has known transmission problems. The purchaser will be responsible for removing the backhoe from the Equestrian Center premises. It can be viewed from 8 a.m. to 6 p.m. daily. Sealed bids will be accepted until close of business Tuesday. Bids will be opened Wednesday at 8 a.m. For more information, call Cynthia Tripoli or Joe Cavanagh at 221-3185 or the Equestrian Center at 224-7207.

Auto Craft Shop

The MWR Auto Craft Shop located at Building 2410, Funston Road, offers a six minute automobile vacuum for 50 cents. For more information, call 221-3962.

Auditions for ‘Breaking Legs’

The Harlequin Dinner Theatre will hold open auditions Feb. 27 and 28 for “Breaking Legs,” a comedy by Tom Dulack. Auditions will be from 7 to 8:30 p.m. both nights with William C. Champlin directing. For more information, call the Harlequin Dinner Theatre at 222-9694.



Outdoor Recreation volunteers

Outdoor Recreation seeks volunteers to assist with outdoor adventure programs. The programs include hunting, fishing, kayaking, canoeing, hiking, biking, camping, backpacking, horseback riding and other outdoor activities. To become an Outdoor Recreation volunteer, call Jeffery Heagerty at 221-5554 or e-mail jeffrey.heagerty@samhouston.army.mil. Training certification courses are available.

Lifeguard class

The Jimmy Brought Fitness Center will hold a Red Cross lifeguard class Saturday and Sunday from 8:30 a.m. to 5:30 p.m. Participants must be 15 years old and up. Cost is \$165 and includes course materials and AED training. No Department of Defense ID card is required for this class. For more information or to register, call 295-8861 or 221-1234.

Canyon Lake trailer renovations

The Fort Sam Houston Recreation Area at Canyon Lake will continue to have trailers available for rent until Feb. 28. After

this time, the trailers are scheduled for renovation and construction. More information on the availability of future reservations will be available at the end of March. Only mobile homes will be affected by this construction; the marina, cabanas and beach will not be affected. For more information, call (830) 226-5357 or (888) 882-9878.

Get fit

Stop by the Jimmy Brought Fitness Center to participate in one of the heart-pounding aerobics classes such as kick-boxing, karate, cardio step, body sculpture, seniors’ fitness, super abs, stretching and cycling. For more information, call 221-2020.

Intramural sports

People interested in a team sport should consider joining an intramural varsity sports league. Participation in intramural sports enhances individual morale and unit esprit de corps, promotes teamwork and encourages individuals to reach high levels of physical fitness. For more information or to join, call 221-1180.

Dining and Entertainment

Sam Houston Club, 224-2721

New family-style brunch

The Sam Houston Club will offer an updated brunch Sunday from 10 a.m. to 1:30 p.m. The family-style brunch features an international food station, champagne fountain, chocolate fondue fountain and children’s food station. The cost is \$11.95 for members, \$13.95 for non-members, \$6.95 for children ages 6 to 11 and free for children 5 and under.

Club membership special

Get the first month of membership free when becoming a Sam Houston Club member. There are many benefits to membership including discounts on Sunday brunch, lower prices for weekly buffet lunch, valuable coupons for special events and a monthly newsletter.

Bowling Center, 221-3683

‘Bowl-A-Jam’

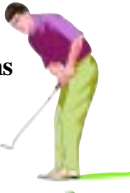


“Bowl-A-Jam” is Saturdays from 7 to 10 p.m. The cost is \$8 per person, which includes shoes and one order of fries per lane. Stop by for music and fun.

Golf Club, 221-4388

February special on golf lessons

Get 10 lessons for only \$150. Open to men and women of any level of experience. To register, call 355-5429.



Harlequin Dinner Theatre, 222-9694

“Black Coffee,” a mystery by Agatha Christie, is on stage through Saturday. Prices are \$26.95 Fridays and Saturdays and \$23.95 Wednesdays and Thursdays. There are discounts for military. Doors open for salad bar and cocktails at 6:15 p.m., the buffet is served from 6:30 to 7:30 p.m. and the show begins at 8 p.m.

MWR Ticket Office, 226-1663

Discounted tickets for the San Antonio Stock Show and Rodeo are on sale. The rodeo runs through Sunday. Also, Disney and Universal Studios season passes are on sale. Tickets for Laser Quest in San Antonio are \$6.50 and a family fun pack for five is \$32.50.

Child and Youth Services

Youth Services registration

Youth Services registration is Mondays through Fridays from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797, Stanley Road. To register, parents need to bring current shot records, name and telephone number of two local emergency contacts, physical exam or well baby check completed within the last 12 months with physician’s signature affixed, child’s Social Security number and proof of total family income such as a current leave and earnings statement or pay stub. There is an \$18 annual registration fee per child, maximum \$40 per family of three or more registering participants. For more information, call Roxanne Lacy at 221-4871 or Arlene Alvarez at 221-1723.

Child and Youth Services survey

Parents are asked to participate in a survey that will assist the CYs to better serve the Fort Sam Houston community. Take the time to complete a short survey at a child or youth activity before Friday.

Youth Services volunteers

Youth Services is looking for volunteers to assist with youth programs such as golf, roller hockey, tennis, computers and arts and crafts. Volunteers with typing or filing skills are needed for the administrative office. Parents and teens can also volunteer to help in the concession stands Saturdays during football season. For more information, call the Youth Center at 221-3502.

Free after-school program

Youth Services offers a free after-school program for sixth to 10th graders Monday through Friday until 6 p.m. YS will pick up children from the school (either the elementary or the high school). At the Youth Center, they will have a snack, work on homework, participate in clubs and do fun, innovative projects at the 4-H club, photography club and the computer tech club. Youth must be registered with Child and Youth Services. The annual fee is \$18, but there is no cost for the program. For more information, call 221-3502 or 221-4871.

Open recreation

School Age Services will hold open recreation the second and fourth Saturday of each month from 2 to 6 p.m. in

Building 1705. Activities include computers, arts and crafts, table and board games, gym activities and special events. All children must have a current Child and Youth Services registration pass. Parents must sign children in and out of the School Age building. For more information, call School Age Services at 221-4466.

Basketball registration

Basketball registration is ongoing. Players and coaches are needed. For more information, call the Youth Sports Office at 221-5513.

Youth baseball, T-ball and softball registration

Registration for youth baseball runs through Feb. 27 from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797. Registration will be on site at Youth Services from Feb. 27 through March 3 from 11 a.m. to 7 p.m. To register, parents must pay a \$45 activity baseball fee and bring updated immunizations for fifth graders and below, sports physical and a current leave and earnings statement. All participants must have a current Child and Youth Services membership.

Girls’ basketball needs players

Youth Sports still has openings in the 13- to 14-year-old girls’ basketball team. The cost is \$45. For more information, call Youth Services at 221-3502 or 221-5513.

Piano lessons available

Piano lessons will be offered Monday through Saturday from 3:30 to 8 p.m. The cost is \$60 per month for four 30-minute lessons. Classes are for ages 6 to 18 and children must be registered with Child and Youth Services. For more information or to sign up, call 221-4871 or 221-9613.

Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council will meet March 21 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. Family Advocacy will provide a workshop on child abuse prevention. All CYs patrons are encouraged to attend. This is an opportunity to meet staff, learn of upcoming events and attend parent education opportunities.

Part-day preschool program

Patrons interested in the part-day preschool

program at the Child Development Center can call Central Registration at 221-4871 or 221-1723. Preschool is Monday through Friday from 9 a.m. to 2 p.m. Fees are based on total family income.

Home-based child care

Family Child Care offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. FCC offers full-day, part-day, before- and after-school care, hourly care, extended hourly care and long-term care. For referral information or child registration, call Central Registration at 221-4871 or 221-1723.

Family Child Care Online

Family Child Care Online is a marketing tool that allows parents to take a virtual tour of FCC homes. In addition, parents can read about the provider’s philosophy of care, hours of operation and background. This online tool can be accessed through the Child and Youth Services Central Registration office at Building 2797 from 8 a.m. to 4:30 p.m.

CDC waiting list

To remain on the waiting list for the Child Development Center parents are advised to check their status every 90 days. To check status, call the Child and Youth Services Central Registration office at 221-4871 or 221-1723.

Youth Center happenings

Middle school and high school age youth are encouraged to check out the events at the Youth Center, Building 128.		
Date	Time	Event
Today	4 to 5 p.m.	Arts and crafts – hugs and kisses necklace
Friday	5 to 6 p.m.	Cooking class – beef stir-fry
Saturday	4 to 5 p.m.	Ultimate Journey club
	5 to 6 p.m.	Passport to Manhood club for boys
	5 to 8 p.m.	Trip to Mr. Gatti's, \$5 each
Monday	Closed for Presidents Day	
All middle school and high school children interested in any of the activities must be registered through Central Registration. For more information, call Child and Youth Services at 221-4871 or 221-1723.		

Events

OCSC February luncheon

The Officer and Civilian Spouses’ Club will host a luncheon at the Sam Houston Club Tuesday. The theme is Mardi Gras and will include a silent auction. To attend, call Sigrid Reitstetter at 226-8806 or e-mail sigrid.reitstetter@amedd.army.mil. All reservations and cancellations are required by noon Friday.

Annual Tour of Homes

The Fort Sam Houston annual Tour of Homes will be held April 1 from 10 a.m. to 3 p.m. Visit selected homes on Fort Sam Houston and see decorating ideas. Tickets are \$10 or \$15 on the day of the tour. Tickets are available Feb. 25, March 4, 11 and 15, from 10 a.m. to 2 p.m. at the Post Exchange, Commissary and Golf Club. Tickets are also available at the Officer and Civilian Spouses’ Club luncheons. For more information, call Liz Schreckhise at 270-2114 or Licia Rothfuss at 222-9464.

Fisher House Golf Tournament

The annual Fisher House Golf Tournament at The Dominion Country Club is April 10; tee time is 1:30 p.m. Tournament cost is \$110 per person, includes green fees, cart fee, box lunch and dinner, T-shirt and assorted prizes. For more information, call Ellyn Gilbert at 481-1161 or Irene Meadows at 403-0199.

Government Canyon walk

The Texas Wanderers Volksmarch Club will host a 10K and 5K walk Saturday at 8 a.m. at Government Canyon State natural area in San Antonio. For more information, call Gerald Kamica at 658-2160 or visit www.walktx.org/TexasWanderers.

Bastrop State Park walk

The Colorado River Walkers Volksmarch Club will host a 10Kand 5K walk Feb. 25 and 26 at the “Lost Pines” Bastrop State Park in Bastrop, Texas. For more information, call Joann Fries at (512) 480-0291 or visit www.io.com/~zenteer/crw.

Stieren Arts enrichment series

Trinity University presents screenwriter John August, “Understanding the Popular Arts: Professional Writing and the Rise of the Amateur,” Feb. 28 at 7:30 p.m. The event is in Chapman Auditorium. August explores the role of the professional writer. Free to the public. For more information, call Trinity’s department of communication at 999-8113.

Vet Center offers free counseling

The Department of Veterans Affairs Vet Center in San Antonio offers free, confidential counseling sessions to combat veterans and their families. Sexual trauma counseling also is available to veterans who experienced sexual assault or harassment while on active duty. Veterans must have a DD Form 214 as proof of eligibility. Walk-ins are welcome. For more information, call the center at 472-4025, visit www.va.gov/rcs or stop by the Vet Center at 231 W. Cypress, next to San Antonio College.

American military aviation heroes

The Alamo Squadron Chapter of the International Plastic Modelers USA Branch will host the Model Fiesta XXV, honoring American military aviation heroes, Saturday from 10 a.m. to 4 p.m. and Sunday from 9 to 10:30 a.m. in the Live Oak Civic Center, 8101 Pat Booker Road. Saturday, the chapter will honor World War II, Korean and Vietnam American fighter aces, members of the Tuskegee Airmen and other military aviation heroes. Sunday, the American heroes will participate in an American Heroes Symposium. Two-day admission is \$5, children 12 and under are free. Admission is free for Boy and Girl Scouts, Scout leaders, and service members in uniform with an active duty ID card. Cost for active duty not in uniform and their family members is \$4. For more information, call Lee Forbes at 494-3822, e-mail leeforbes@aol.com or visit www.alamosquadron.com.

Black History Month observation

St. Philip’s College will observe Black History Month with a series of exhibits, dramatizations, panel discussions, musical performances and educational events throughout February on the main campus at 1801 Martin Luther King Drive. For more information, call 531-3260 or visit www.accd.edu/spc.

‘Rainbow Kids’ performance requests

Fort Sam Houston’s Youth Services “Rainbow Kids” are scheduling performances for the spring and summer. The group is dedicated to presenting professional quality, family-style entertainment in a variety of settings. The music includes routines from the 1920s through 1960s, Broadway, some modern and country and western. The holiday show will include traditional and non-traditional seasonal music and routines. The nonprofit group presents free programs ranging from 30 minutes to more than an hour at schools, churches, community and military events, youth and senior centers, shopping malls and at patriotic events. To schedule a free performance or for more information, call Ron Joy at 348-8014 or 295-2093, or e-mail rj96707@yahoo.com.

Fiesta parade tickets

Tickets are on sale for bleachers and chairs along the three Fiesta parade routes. Fiesta is April 21 through 30. For more information, call the Fiesta Commission at 227-5191 or visit www.fiesta-sa.org.

Meetings

Retired Officer Wives and Widows’ Club

The Retired Officer Wives and Widows’ Club of Fort Sam Houston will meet Feb. 27 at the Sam Houston Club at 11 a.m., lunch at 11:30 a.m. Cost is \$12. The program will feature Mickey Doubleday and her “Fashion Weekender.” For reservations, call Arline Braswell at 822-6559.

Law enforcement presentation

The San Antonio Police Department will hold a law enforcement presentation for military members interested in becoming police officers in Texas Friday at 1 p.m. in Building 2263, Room B-100, on Stanley Road, Fort Sam Houston. The presentation will explain the steps to becoming a law enforcement officer and what to expect once accepted to an academy. For reservations, call 207-6270.

Training

Green to Gold briefings

Fort Sam Houston’s Education Center will sponsor Green to Gold briefings for Soldiers interested in the Green to Gold ROTC program March 6 from 11 a.m. to 12 p.m. in Building 2247, Room 200. For more information, call Amy Gagnon at 295-2005.

CIA careers

A representative from the CIA will discuss careers, the wide range of jobs available, and explain the application and security clearance process Feb. 21 at 1 and 2:30 p.m. at the American Red Cross, Building 2650, corner of Harney and Patch Roads, Fort Sam Houston. Seating is limited. For more information, call 221-1213.

Workforce Recruitment Program

The Workforce Recruitment Program for college students with disabilities is now accepting applications from post organizations. Authorizations will be on a first-come, first-served basis. Under this program, students may be employed for 14 weeks anytime between May 15 and Sept. 30. Applications are due no later than Friday. Send submissions to Glennis.Ribblett@sam-houston.army.mil. For more information, call Glennis Ribblett at 221-9401.

Austin Police Department recruiting

The Austin Police Department is recruiting highly motivated and educated men and

women for positions in a dynamic profession. Applications are being accepted for the position of civilian police cadet. Recruiters will be at Fort Sam Houston Feb. 27 from 10 a.m. to 2 p.m. in Building 2263 on Stanley Road, Room B-100 (basement). For more information, call (512) 974-4211 or (800) 832-5264 from 7 a.m. to 5 p.m. or visit www.apdrecruiting.org.

Collateral duty safety officer course

A collateral duty safety officer course will be held March 2 from 7:30 a.m. to 4:30 p.m. in Building 2841, Room 2122. To register, call Richard Edges at 221-3857. Those appointed as CDSOs should also complete the Army additional duty safety officer online training at https://saftylms.army.mil/librix/loginhtml2.asp?v=usasc.

It’s Not Easy Being Green 2006 Spouse Conference

Military spouses wear many hats. Don’t miss this opportunity to recharge your batteries and have some fun. Pick up advance registration forms at Army Community Service, library, Sam Houston Club, Brooke Army Medical Center medical mall information desk, Officer and Civilian Spouses’ Club luncheon and Child and Youth Services Central Registration. Registration won’t be available on the day of the conference. If unable to attend the entire conference, join us for a portion. For more information, call Judith Markelz at 241-0811 or Kim Taylor at 566-6526.

Workshop Schedule:

Feb. 23, 10 to 11 a.m. - Workshop A

- A-1 Bouquets that bloom - floral centerpiece arranging, \$6 fee to cover materials
- A-2 Self-defense for women - all the right moves (wear loose clothing)
- A-3 The Yellow Rose of Texas - gardening Texas-sized
- A-4 Laughter - myth or magic
- A-5 Soldiers of the South – the intriguing history of Fort Sam Houston
- 11:15 to 12:15 a.m. - Workshop B
- B-1 From sparks to fireworks - keeping love alive in a military marriage
- B-2 Decorating quarters for pennies - useful tips for military families
- B-3 There’s an elephant in the room - when you’re struggling for the right words
- B-4 Discovering the Lone Star State - amazing destinations in Texas
- B-5 Hand stands for hand stamping - gifts and packaging ... learn it all

1:15 to 2:15 p.m. - Workshop C

- C-1 Sultry Salsa - just in time for Fiesta!
- C-2 Sometimes it’s easy to be green - discover your ideal colors
- C-3 Don’t let fitness “weigh” you down - lightweight training (wear loose clothing)
- C-4 Savoring the South – Southern-style cooking
- C-5 Building a better you - diet and nutrition

Feb. 24, 10 to 11 a.m. - Workshop D

- D-1 Strike a pose for yoga - let a certified instructor teach you’re the basics (wear loose clothing)
- D-2 Show them what you’re made of - crafting an impressive resume
- D-3 Bouquets That Bloom - floral centerpiece arranging, \$6 fee to cover materials
- D-4 Line dancing - these boots aren’t made for walking!
- D-5 Surviving tragedy - keeping the hope alive

11:15 a.m. to 12:15 p.m. - Workshop E

- E-1 Paper pizzazz - keeping in touch with handmade cards, \$3 fee to cover materials
- E-2 The natural chef - learn the basics of healthy cooking
- E-3 Military life, a little less “green” - navigating community resources
- E-4 Mirror, mirror on the wall - whose expression tells it all?
- E-5 Digital photography - optimizing the technology



“It’s Not Easy Being Green” 2006 Spouse Conference  
Feb. 23 and 24 at Dodd Field Chapel  
REGISTRATION FORM

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please identify the workshops you wish to attend each day. Using the Conference Brochure as a reference, indicate the two-character codes in order of your preference. You will receive your complete 2-day schedule as part of your onsite check-in, which begins at 8:30 a.m. on Thursday, February 23rd. Please include your second and third choices for workshops in case the classrooms reach capacity. Workshop preferences will be allocated on a first-come/first-serve basis. Both days are full of exciting workshops, but if you are unable to attend the entire conference, please join us for whatever portion accommodates your schedule.

Thursday  
Workshop Series A  
10 to 11 a.m.

Sample: A3  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_

Thursday  
Workshop Series C  
1:15 to 2:15 p.m.

Sample: C2  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_

Friday  
Workshop Series E  
11:15-12:15

Sample: E5  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_

Thursday  
Workshop Series B  
11:15 a.m. to 12:15 p.m.

Sample: B3  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_



Friday  
Workshop Series D  
10 to 11 a.m.

Sample: D3  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_

\*Please enclose your check or money order for the \$5.00 conference fee payable to IMWRF with this completed registration form and mail both to: Army Community Service, 2010 Stanley Road, Suite 95, Fort Sam Houston, TX 78234-5095. Registrations must be postmarked no later than Friday. Registration is not available on the day of the Conference. If additional fees for materials apply to the workshops you have chosen, please be sure to include those fees along with your conference registration fee conference.  
\*\* Classes and/or instructors are subject to change  
\*\*\* Limited free childcare is available at Dodd Field Chapel. Attendees must pre-register for childcare at CYS Central Registration, Roadrunner Community Center. An up-to-date shot record will be required.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort

**For Sale:** 1988 Ford full-size Bronco, good condition, \$3,000 obo. Call (830) 980-2940.

**For Sale:** Babies-R-Us cradle with mattress, like new, \$175; exercise machine, \$195; child’s battery operated Jeep, \$125; 1994 Volvo, excellent condition, \$7,500 obo; 2003 Tacoma Limited, 6K miles, loaded with extras, \$ 27,000. Call 633-3859.

**For Sale:** 1998 Trans Am, 350 V-8, six-speed, excellent condition, \$10,700. Call (830) 964-3599.

**For Sale:** Vermont teddy bear, new, \$58; small refrigerator, \$54; car jack, 2-ton, \$15; trundle bed, metal, 30 inches by 79 inches, \$62; custom-built inner spring mattresses, 30 inches by 76 inches, \$28. Call 313-0061.

**For Sale:** Philco record player, four-speed, auto record changer, AM/FM, all transistorized tuner from around 1967, in wood cabinet, \$80; 1998 Honda Accord LX, does not run, will sell for parts, \$1,300; 7-foot-tall cat tower with five raised platforms, \$175. Call 659-1120.

**For Sale:** Compaq 17-inch computer monitor with keyboard and mouse, \$20; three designer prom dresses sizes 7 to 9, \$25; paperback and hardcover books, 25 and 50 cents each. Call 295-2372 or 332-0975.

**For Sale:** Upright piano, \$300; full side brass bed, \$200; dining room table with four chairs, \$300; marble coffee table, \$75. Call 829-4244.

**For Sale:** 1965 red Ford Mustang con-

Freebie, e-mail to **news.leader@samhouston.army.mil** or fax to **295-0512**. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.

vertible, three-speed, runs good, \$10,000 obo. Call 310-1640.

**For Sale:** GE 24.9 cubic foot side-by-side refrigerator, white, new, \$800 obo. Call 658-1643 after 6 p.m.

**For Sale:** 2002 Itasca Sunova, 31-foot motor home, slide out living room, queen-size bed, separate shower and bathroom, double door, refrigerator/freezer, hydraulic leveling jacks, gas/electric hot water heater, 4 kwh generator, V-10 Ford engine, sleeps six, 6,100 miles, \$50,000 obo. Call 437-0042.

**For Sale:** Antique armoire clothes cabinet, tiger oak color, interior mirror and clothing hooks, \$120; wooden rocking chair, \$30; wood console TV with remote and rotating base, 24 inches, \$75; Nova adjustable walk-

er with posi-grip handles and skid resistant rubber tips, \$35. Call 495-2296.

**For Sale:** Contemporary Ashley sofa, sage green with off-white piping, new, \$250 obo. Call 875-5890.

**For Sale:** Cherry wood dining set with chairs and cabinet, sofa and love seat with coffee table and end tables all together, \$2,000. Call Debra at 650-4973.

**For Sale:** Chain link fence and two gates, 140 feet by 4 feet, \$150. Call 223-2292.

**Wanted:** Boy’s performance BMX bike. Call 658-1643 after 6 p.m.

**Free:** Three-year-old yellow Lab, great with children, toys and food included. Call 310-1640.

